

Q: What is Virasyl®?

A: Virasyl® is a dietary supplement that was formulated in a medical clinic with the intent to improve the quality of life and help to reduce the consumption of medications. It is an organic (carbon bound), full spectrum multi-mineral supplement (see back of this brochure) with Shilajit and Fulvic Acid.

Q: What is Shilajit?

A: Shilajit is a unique, organic material found in rocks of the Himalayan mountains. It contains small strands of plant RNA, DNA, amino acids, enzymes and bioactive photo-synthetic materials. Shilajit has been used in Ayurvedic medicine for thousands of years. In animal studies, Shilajit has been proven to be effective with [inflammation](#), [immunity](#), [ulcers](#), [allergies](#) and [memory](#)(1-3).

Q: What is Fulvic Acid?

A: Fulvic acid is a naturally occurring organic acid found in Shilajit. Literature review reveals that it [“protects mitochondria and reduces lipid peroxidation](#)(4).” It is reported that Fulvic Acid assists to stabilize the cell membrane so that nutrients may enter the cell more readily and waste is removed more easily.

Q: How do I take Virasyl®?

We recommend 2 caps in the morning with fresh, non-chlorinated water and/or food.

Virasyl® DOES NOT contain the following:

soy, wheat, gluten, corn, milk, egg, sugar, magnesium stearate, colors, gelatin or preservatives.

Virasyl® has been in use for human consumption since 2009 with positive therapeutic results. For more information, please visit www.virasyl.com.

Do you suffer from the following?

COMPLAINT	Yes	No
Fatigue		
Feels like the “flu”		
Joint pain		
Muscle pain		
Nerve pain		
Brain fog		
Digestive issues		
Sensitivities		

If you answered “YES” to 3 or more of these complaints, **Virasyl®** may work for you.

For more research references, please visit:
www.virasyl.com

1. **Anti-ulcerogenic** and **Anti-inflammatory** Studies With Shilajit Goel, R.K., et al, Journal of Ethnopharmacology, 29: 95-103, 1990.
2. **Mast Cell Protecting** Effects of Shilajit and Its Constituents Ghosal, S., et al, Phytotherapy Research, 3 (6): 249-252, 1989.
3. Effects of Shilajit and Its Active Constituents on **Learning** and **Memory** in Rats. Ghosal, S., et al, Pharmaceutical Chemistry Research Laboratory, Department of Pharmaceutics, Institute of Technology, Banaras University, Varanasi-221005, India.
4. Acta Pol Pharm. 2009 Nov;57 Suppl: 127-9.

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**FULL SPECTRUM ORGANIC MINERALS
SHILAJIT & FULVIC ACID**



**Formulated in a Medical Clinic
To support the following:**

- **Immune System & GI Tract***
- **Nerves & Mental Clarity***
- **Joints & Muscles***
- **Detox & Purification***

www.virasyl.com



Virasyl® is an organic, carbon bound , full-spectrum multi-mineral complex with Shilajit that contains nucleic acids, small strands of RNA & DNA, amino acids, enzymes and bioactive photo-synthetic materials from plant material. Each 400 mg capsule of Virasyl® contains a proprietary blend of organic minerals and Shilajit with fulvic acid.

Shilajit	Shilajit is a unique, rich, organic (carbon based) mineral source found in the Himalayan mountains. It has been used in Ayurvedic medicine for thousands of years. It contains small strands of plant RNA, DNA, amino acids, enzymes and bioactive photo-synthetic materials.
Fulvic Acid	Fulvic acid is a very small and complex, naturally occurring organic acid. It is water soluble and extremely bioactive.
ELEMENTS	EXPLANATION
Carbon	Human body composed of 18% carbon. It is the backbone structure for DNA, RNA, amino acids, protein, carbohydrates and fatty acids.
Hydrogen	Human body contains 10% hydrogen. It is the most abundant element in the universe.
Oxygen	Oxygen is the most abundant element in the human body at 65%. Every metabolic process requires oxygen.
Nitrogen	Human body contains 3% nitrogen. It is primarily found in RNA, DNA, amino acids & proteins.
Calcium	Human body contains 1.5% calcium. Calcium combines with phosphate to form a mineral found in bone and teeth. Calcium is used to signal many cell processes including heart, muscles and neurotransmitters.
Phosphorus	Human body contains 1% phosphorus. It is a component of RNA, DNA, ATP and found in the phospholipid membrane of every cell.
Sulfur	Human body contains 0.25% sulfur. It is a component of cysteine and methionine and prominent in keratin protein found in skin and hair.
Potassium	Human body contains 0.20% potassium. It is essential for nerve transmissions.
Sodium	Sodium builds charge on cell membranes in order to transmit nerve impulses.
Magnesium	Human body contains 0.20% magnesium. It is the fourth most abundant mineral in the body; responsible for more than 300 biochemical reactions, ATP production, and protein synthesis.
Iron	Iron is mainly essential for oxygen transportation and growth of cells.
Zinc	Zinc is found in ALL cells. It is necessary for DNA and protein synthesis; aids in wound healing and important for senses of taste and smell.
Iodine	Iodine is necessary for synthesis of thyroid hormones.
Copper	Copper is a component of certain proteins that process oxygen.
Silicon	Human body contains 0.002% silicon.
Boron	Boron is extremely important for bone health as it activates vitamin D.
Selenium	Selenium is an essential trace element incorporated into proteins thus making antioxidant enzymes and supports thyroid function.
Strontium	Strontium is essential for bone health.
Bromine	Bromine functions along with an anti-parasitic enzyme of the immune system.
Gallium	Gallium salts are in development for human consumption.
Gold	Human body contains 0.00014% Gold.
Lithium	Lithium is an essential trace element.
Lutetium	Lutetium is an important component of healthy bones.
Molybdenum	Molybdenum is found in liver and kidneys. Deficiencies have been associated with adverse health conditions.
Rubidium	Human body contains 0.00046% rubidium.
Ruthenium	Ruthenium is used as a therapeutic agent due to photo-physical properties.
Chromium	Chromium is necessary for sugar and fat metabolism.
Cobalt	Cobalt is a coenzyme for B12.
Silver	Silver exhibits anti-microbial properties
AMINO ACIDS	Alanine, Glutamic acid, Glycine, Histidine, Isoleucine, Methionine, Phenylalanine, Serine, Threonine, Tryptophan, Valine

References:

Office of Dietary Supplements National Institutes of Health www.ods.od.nih.gov
 Gill M, Thomas J. Chemical Society Reviews 2012; 70: 3179-3192
 Geigy Scientific Tables, Ciba-Geigy Limited, Basle, Switzerland, 1984

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